8. A one-woman train wreck

Amy Schwabauer in "This is NOT About My Dead Dog" at Playwrights Local

The first of what will be many instances of stage-vomiting early in Amy Schwabauer's self-scribed one-woman show "This is NOT About My Dead Dog" lets you in on the fact that this will not be a typical or necessarily pleasant evening of theater. Receiving its world premiere production at Playwrights Local, the show — three parts confessional, two parts therapy and one part sketch comedy — offered an assortment of tragicomic events that transpired during Schwabauer's young life. Many of us have had moments like these, but few of us are brave enough to put it on stage before an audience, brilliant enough to perform it ourselves, or brazen enough to consider it theater.